

# **Trestle Safety System**



# Six simple steps required to erect your Trestle Safety System

# Step 1. Trestle Set-up.

Stand the trestles ensuring the rungs on which the planks will rest are facing inwards. The trestles are to be level and on firm ground, adjusting the legs as required. Fit the rung stays to both trestles. Place the two planks at the desired working height and move the trestles so the planks have an overhang of between 250 - 300 mm at either end.



# Step 2. Fit Outriggers.

Position the top bracket of the outrigger under a rung, extended to a suitable length, replacing the retainer bolt/nut in the nearest adjustment hole. Fit both the top bracket and the bracket on the outrigger arm to the trestle. Loosen the small bracket connecting the arm to the outrigger leg and adjust until the foot is firmly on the ground. Retighten all nuts. Repeat for the second outrigger.



#### Step 3. Fit Plank Locks.

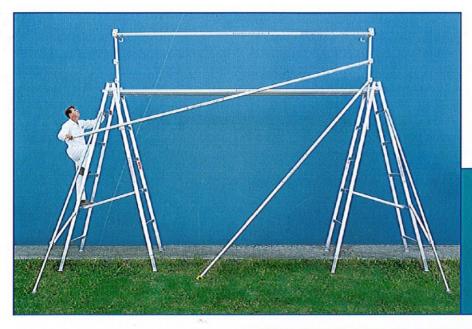
From underneath, fit the plank locks, one at each end, ensuring the bolt head is facing upwards. Slide the locks along until they are positioned at approximately one-third the length of the plank. Push the planks together so the locks are correctly engaged. After the handrails have been fitted, walk along the platform and tighten the locks until firm - do not over tighten.



# Step 4. Fit Handrail Posts.

Hold the handrail post with the top 'Z' bracket above the rung on which the planks are resting. Position the side plate against the trestle stile, pushing the spring loaded pin against the lower rung. Manoeuvre the post down far enough so the bottom 'Z' bracket clears the rung, continuing to push downwards until the spring pin is released. Repeat for the second post.





### Step 5. Fit Handrails.

Fit the rail grasper over the top rail support on the post and push downwards to engage the grasper. Climb up either the inside or outside rungs of the trestle ladder, pull the handrail towards the other post and attach the rail grasper to the corresponding rail support. Repeat for the lower handrail.



# Step 6. Fit Handrail Ends.

Place the spigot on the handrail end into the top of the post. Lock into position the spring clip to prevent accidental removal. Repeat for other end.

